

Overview

Cardiac and Pulmonary Rehabilitation include establishing an individualized plan to recondition the heart and lungs. Rehabilitation, physical and or occupational therapy can help regain strength, prevent conditions from worsening, reduce risk of future heart or lung problems and improve functional capacity, health and quality of life. This year's conference will provide information on Science Based Approach to Sustainable Behavior Changes for Self Care, Remote Home Based Rehabilitation Program Initiation and Lessons Learned, New Medication and Processes for the Management of Congestive Heart Failure, also Cardiac and Pulmonary Exercise Management in the Post Covid Patient.

Audience

This activity is designed for physicians, residents, advanced practice providers, nurses, RT's, PT's, OT's and CV technicians and healthcare professionals who work with cardio/pulmonary patients.

Location

Sylvania Country Club
5201 Corey Road
Sylvania, Ohio

Moderator

Kathryn Williams, MD
Medical Director
ProMedica Physicians Pulmonary and Sleep Medicine
Toledo, Ohio

Faculty

Imad M. Hariri, MD, FACC, FHFA
*Advanced Heart Failure
Cardiologist*
ProMedica Physician Cardiology
Toledo, Ohio

Bryan Martin, DO
Cardiologist
Geisinger Medical Center
Wilkes-Barre, Pennsylvania

Matt Roth, MD
*Family and Sports Medicine,
Freeman, Roth, and Martin
Medical Director of
ProMedica Wellness*
Toledo, Ohio

Michelle Segar, PhD, MPH, MS
*Director, Sport, Health and
Activity Research and
Policy Center*
University of Michigan
Funded Researcher
National Institutes of Health
Ann Arbor, Michigan



Continuing Medical Education
3949 Sunforest Court, Suite 203
Toledo, Ohio 43623

INNOVATIVE TRENDS IN SCIENCE, PRACTICE AND
EDUCATION FOR CARDIOPULMONARY REHABILITATION
AFTER THE DIAGNOSIS

Tuesday, September 20, 2022

Registration: 11 a.m.
Conference: 11:55 a.m. – 4:30 p.m.

Sylvania Country Club
Sylvania, Ohio

ProMedica Continuing Medical Education and
ProMedica Flower Hospital Cardiac and Pulmonary Rehabilitation
present

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Sylvania Country Club
5201 Corey Road | Sylvania, Ohio 43560

 **PROMEDICA FLOWER HOSPITAL**
A Division of ProMedica Toledo Hospital

Registration Due by: Tuesday, September 13, 2022

Nurses and Allied Health Professionals Fee **\$40**
Advanced Practice Providers and Physicians Fee **\$60**

Registration Form:

Name _____ Credentials _____

Home address _____

City _____ State _____ Zip _____

Home phone _____ Cell phone _____

Office phone _____

Email address (Required) _____

(please print clearly)

Employer _____

Please check your primary discipline:

- | | | | |
|--------------------------------|---------------------------------|--------------------------------------|-----------------------------------|
| <input type="checkbox"/> MD/DO | <input type="checkbox"/> PA | <input type="checkbox"/> Respiratory | <input type="checkbox"/> Resident |
| <input type="checkbox"/> Nurse | <input type="checkbox"/> NP/CNP | <input type="checkbox"/> Therapist | <input type="checkbox"/> Student |
| <input type="checkbox"/> PT | <input type="checkbox"/> OT | <input type="checkbox"/> Other _____ | |

____ Please check if you require assistance with hearing, vision or mobility.

____ Please check if you prefer a vegetarian meal.

Please secure your registration by registering:

ONLINE promedica.cloud-cme.com (Chrome internet browser required)
Credit cards only.

FAX 419-479-6003 Credit card number required to process registration.

EMAIL Kimberly.roberts@promedica.org

Phone registrations will not be accepted.

Method of Payment:

Payment is required to process registration.

We no longer accept cash or personal checks.

Visa MasterCard Discover American Express

Card Number _____

Expiration Date _____ Amount \$ _____

Signature of credit card holder _____

Billing address of credit card holder _____

Agenda

11 a.m. Registration and Lunch

11:55 a.m. Welcome and Introductions

Katherine Williams, MD

12 p.m. Since Based Approach to Sustainable Behavior Changes for Self Care

Michelle Segar, PhD, MPH, MS

- Review science showing the flexibility associated with eating and exercise behaviors.
- Discuss executive functioning and how it relates to healthy decision making.

1 p.m. Remote Home Based Rehabilitation Program Initiation and Lessons Learned

Bryan Martin, DO

- Discuss challenges in setting up a remote home based rehabilitation program and transitioning patients.
- Describe how patients can be motivated to use telehealth.
- Review outcome comparisons and successes compared to inpatient facility.

2 p.m. Break and Exhibits

2:30 p.m. Treating Heart Failure in 2022

Imad M. Hariri, MD, FACC, FHSA

- Discuss epidemiology, public health impact and demographic trends of heart failure.
- Define stages and classes of heart failure and review definitions in the guidelines.
- Review the 2022 ACC/AHA/HFSA guidelines for management of heart failure.
- Describe medical therapy for heart failure in 2022 and the role of cardiac rehabilitation programs in the management of heart failure.

3:30 p.m. Cardiac and Pulmonary Exercise Management in the Post Covid Patient

Matt Roth, MD

- Review how cardiovascular fitness helps factor into COVID outcomes.
- Determine protocols for return to moderate and intense physical activity for those recovering from moderate, severe, and critical COVID infection.
- Explore how prolonged inactivity affects overall health in various age groups.

4:30 p.m. Evaluations

4:45 p.m. Adjournment

For your comfort, please bring a sweater or jacket to the conference.

Educational Credits

ProMedica is pleased to provide Continuing Medical Education programming accredited through ProMedica Monroe Regional Hospital.

ProMedica is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

ProMedica Monroe Regional Hospital designates this live educational activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

AAPA accepts certificates of participation for educational activities

certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 4 hours of AMA PRA Category 1 Credit™ for completing this program.

ProMedica Health System is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91)

Application for continuing education hours has been made to the Ohio Occupational Therapy Board and the Ohio Physical Therapy Association.

Application for continuing education hours has been made to the American Association for Respiratory Care.

Refund/Cancellation Policy

The registration fee, minus a \$25 administrative fee, will be refunded if a cancellation is received (in writing or by phone) no later than Tuesday, September 13, 2022. Refunds will not be given for failure to attend. Substitutions may be made at any time (in writing or by phone) without an additional charge.

If this meeting is cancelled for any reason, including labor strikes or acts of nature, liability is limited to a full refund of registration fees.

For more information, please call the ProMedica Continuing Medical Education Department at 419-291-4650.

We ask you to help support ProMedica's fight against hunger by donating a non-perishable food item to this conference which will be donated to a local food bank.

Thank you!

