

OVERVIEW

Cardiac and Pulmonary Rehabilitation include establishing an individualized plan to recondition the heart and lungs. Rehabilitation, physical and or occupational therapy can help regain strength, prevent conditions from worsening, reduce risk of future heart or lung problems and improve functional capacity, health and quality of life.

This year's conference will provide information on Half of What We Know About COPD is Wrong, But Which Half?, Remote Monitoring in Heart Failure, Living with Cardiovascular and Pulmonary Disease, and Innovative Approaches to Obstructive Sleep Disturbances.

AUDIENCE

This activity is designed for physicians, residents, advanced practice providers, nurses, RT's, PT's, OT's and CV technicians and healthcare professionals who work with cardio/pulmonary patients.

LOCATION

This year's conference will be held at Sylvania Country Club, 5201 Corey Road, Sylvania, Ohio.

MODERATOR

Kathryn Williams, MD
Medical Director
ProMedica Physicians Pulmonary and Sleep Medicine
Toledo, Ohio

FACULTY

Abbey Dunn, MD
Neurologist
Pulmonary and Sleep Medicine
ProMedica Physicians Pulmonary / Sleep Medicine
Sylvania, Ohio

Imad M. Hariri, MD, FACC, FHSA
Advanced Heart Failure
Cardiologist
ProMedica Physician Cardiology
Toledo, Ohio

Michael Hess, MPH, RRT, RPFT
Senior Director of Patient Outreach and Education
COPD Foundation
Kalamazoo, Michigan

Nancy Sturtz, MD, MBA, CFMP
Consultant
Functional Medicine Plus
Toledo, Ohio



Continuing Medical Education Department
Conrad Jobst Tower, Suite 730
2109 Hughes Drive
Toledo, Ohio 43606

2023

AFTER THE DIAGNOSIS:

Evidence Meets Cardiovascular and Pulmonary Disease, Are We Ready?

Tuesday, September 19, 2023

Registration: 11 a.m.

Conference: 11:55 a.m. – 4:45 p.m.

Sylvania Country Club
Sylvania, Ohio

PROMEDICA'S CONTINUING MEDICAL EDUCATION DEPARTMENT
ProMedica Flower Hospital Cardiac and Pulmonary Rehabilitation
Departments Present:

2023 AFTER THE DIAGNOSIS:

Evidence Meets Cardiovascular and Pulmonary
Disease, Are We Ready?



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KSChong

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5201 Corey Road | Sylvania, Ohio 43560

PROMEDICA FLOWER HOSPITAL

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Registration: 11 a.m.

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Registration due by: Friday, September 15, 2023 or until maximum capacity is reached.

Fee: \$40 Nurses and Allied Health Professionals
\$60 Advanced Practice Providers and Physicians

Phone registrations will not be accepted.

Please secure your registration by registering:

ONLINE promedica.cloud-cme.com *(Chrome internet browser required.)*
Credit cards only. **Online registration is preferred.*

If you wish to register by fax or email, complete the form below.

FAX 419-479-6003 *(Credit card number required to process registration.)*

EMAIL kimberly.roberts@promedica.org

Registration Form:

Please print clearly.

Name _____ Credentials _____

Home Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Office Phone _____

Email Address (required) _____

Employer _____

Please check if you prefer a vegetarian meal.

Please check if you require assistance with hearing, vision or mobility.

Please Check Your Primary Discipline:

MD/DO Resident Pharmacist PA NP/CNP Nurse

Psychologist PT Respiratory Therapist Student

Other _____

Method of Payment:

Payment is required to process registration.

Visa MasterCard Discover American Express

Card Number _____

Expiration Date _____ Amount \$ _____

Signature of Credit Card Holder _____

CME NO LONGER ACCEPTS CASH OR PERSONAL CHECKS.

AGENDA

11 a.m. Registration and Lunch

11:55 a.m. Welcome and Introductions
Katherine Williams, MD

12 p.m. Half of What We Know About COPD is Wrong, But Which Half?
Michael Hess, MPH, RRT, RPFT

- Identify the latest concepts in the pathogenesis and diagnosis of COPD.
- Cite new treatment algorithms and their underlying evidence.
- Describe future opportunities for COPD research.

1 p.m. Living with Cardiovascular and Pulmonary Disease:
A Functional Medicine Approach
Nancy Sturtz, MD, MBA, CFMP

- Discover five supplements to aid in recovery of function.
- Learn the three lifestyle areas to optimize for improved functionality.
- Uncover potential side effects to watch for with treatment.

2 p.m. Break and Exhibits

2:30 p.m. Innovative Approaches to Obstructive Sleep Disturbances
Abbey Dunn, MD

- Review pathophysiology of obstructive sleep apnea (OSA) and mechanism by which hypoglossal nerve stimulation treats OSA.
- Cite indications and criteria for candidacy for hypoglossal nerve stimulation.

3:30 p.m. Remote Monitoring in Heart Failure
Imad M. Hariri, MD, FACC, FHFSa

- Review the epidemiology and recent demographic trends in Heart Failure.
- Discuss the impact and implications of Heart Failure hospitalizations.
- Learn about current and future Heart Failure monitoring technologies.
- Examine data from clinical trials on remote monitoring in Heart Failure technology and the impact on hospitalizations and measurable outcomes.

4:30 p.m. Evaluation

4:45 p.m. Adjournment

EDUCATIONAL CREDITS

ProMedica is pleased to provide Continuing Medical Education programming accredited through ProMedica Monroe Regional Hospital.

ProMedica is accredited by the Michigan State Medical Society to provide continuing medical education for physicians.

ProMedica Monroe Regional Hospital designates this live educational activity for a maximum of 4 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 4 hours of AMA PRA Category 1 Credit™ for completing this program.

ProMedica is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Application for continuing education hours has been made to the Ohio Occupational Therapy Board and the Ohio Physical Therapy Association.

Application for continuing education hours has been made to the American Association for Respiratory Care.

REFUND/CANCELLATION POLICY

The registration fee, minus a \$25 administrative fee, will be refunded if a cancellation is received (in writing or by phone) no later than Friday, September 15, 2023. Substitutions may be made at any time (in writing or by phone) without an additional charge. If this meeting is cancelled for any reason, including labor strikes or acts of nature, liability is limited to a full refund of registration fees.

For more information, please call the ProMedica Continuing Medical Education Department at 419-291-4650.

For your comfort please bring a jacket or sweater to the conference.

